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HARBORS

The Kenmore Air Destination Magazine

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Sunshine Coast, BC

**A Victorian
Holiday**
Victoria, BC

**Wine & Cider
Harvest**
Olympic Peninsula, WA

**Historic
Roche Harbor**
San Juan Island, WA

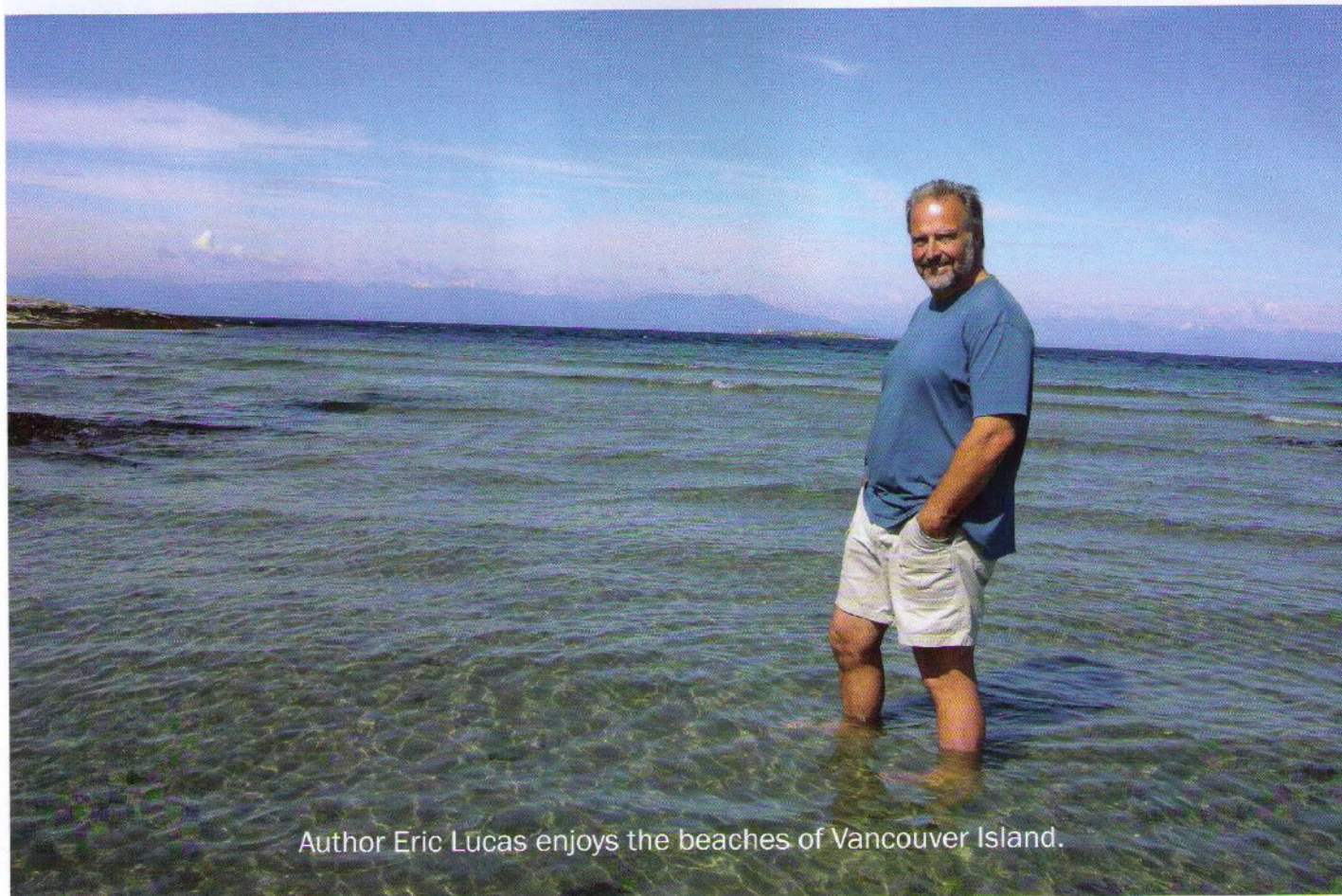
Salmon Fishing
It's Time to Think **Pink**

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Northwest Author Spotlight: Eric Lucas

By Allen Cox



Author Eric Lucas enjoys the beaches of Vancouver Island.

“...until recently, [mom] would occasionally resurrect her offer that, should I wish to go to law school, she’d pay for it. Never mind I have no interest in law school and I’ve enjoyed a 30-year career writing everything from hotheaded newspaper columns to, well, hotheaded internet columns.”

— from “There’s a Whole World Out There,” essay by Eric Lucas (www.yourlifeisatrip.com)

Self-described hothead Eric Lucas has passed that desirable milestone in his journey as a storyteller where he chooses to confine his writing to what interests him. If you’re asking yourself *Why would a person write about anything else?* you’ve never forged a career as a freelance writer or paid the mortgage by writing copy for sleeping pill ads.

As a travel writer, Lucas has visited all 50 states and more than two dozen countries. Along the way, he has written for publications of international stature—*National Geographic Traveler*, *Los Angeles Times* and *Boston Globe*, among many others—and has penned several books, including *Michelin Guide to British Columbia*, *Michelin Must-See/Vancouver*, *Hidden*

British Columbia and *Seattle Survival Guide*. He is the coauthor of numerous other titles, including *No Excuses: Be the Hero of Your Own Life*. His latest book is *Explorer’s Guide Victoria & Vancouver Island: A Great Destination*.

For Lucas, the privilege of writing about that which interests him means writing about the destinations that inspire him and about preserving those places for future generations. People often ask him which destination tops his favorites list.

“I can’t pick just one place.” Lucas says, pondering his global travels. “Vancouver Island sits at the top of my list with a bunch of other places. That’s why I chose it as the topic for my latest book.”

Lucas’ specialties as a travel writer

Aerial view of Victoria's Inner Harbour from a Kenmore Air flight. ▶

focus on sustainability and on Western North American destinations. His writing tends to concentrate on the meaning and purpose of contemporary travel, a topic that manifests on the page in phrases punched with laugh-out-loud jocular to moments of prose-inspired introspection. One thing is certain, he's never short on opinion, and those of us who read his work are thankful for thoughts his words provoke.

Watch for his articles in this and future issues of HARBORS. You can learn more about this Seattle-based writer, his work, and his passion for cultivating organic garlic at www.TrailNot4Sissies.com. ✈️



Explorer's Guide Victoria & Vancouver Island: A Great Destination

A good guidebook is not only practical but informative. A great guidebook inspires us as well. Veteran guidebook author Eric Lucas' 2011 *Explorer's Guide Victoria & Vancouver Island: A Great Destination*, published by The Countryman Press, sits squarely in the latter category. Lucas brings the Vancouver Island region alive with narratives of its rich history, diverse cultures, abundant recreational opportunities and, of course, the most current scoop on where to stay and dine and how to get around. This indispensable book is like having your own local guide with an insider's perspective sharing your travels on the island.

"For me, Vancouver Island is among the world's top destinations," says Lucas. "It's an amazing place where you can ski in the morning and golf by noon. It has open ocean, warm, lovely

agricultural valleys and towns, and a fabulous, cosmopolitan city that's at once historic and modern."

Explorer's Guide Victoria & Vancouver Island: A Great Destination is made even greater with a liberal sprinkling of color photos illustrating every chapter, by travel photographer Leslie Forsberg (who happens to be Lucas' wife).

You can order a copy at www.harborsmagazine.com/books

